November 2026

Center for Behavioral Health — Outpatient Program

Memorial Regional Hospital — 5595 B S University Drive, Davie, FL 33328

Main Line: **(954) 276-3452** | Fax: **954-276-0107**

Hours: **Mon–Fri 12:00–8:00pm** | **Sat & Sun 12:00–5:00pm**

We are an Adult Center (18 years and over) — Smoking Cessation Classes Wednesdays at noon

"People helping people recover." — Follow Memorial Healthcare System's page for updates.

Legend: Social & recreational activities | Creative & educational classes | Support & therapy groups

SUN	MON	TUE	WED	THU	FRI	SAT
1 12:00 Social Circle 1:00 Emotional Wellness 2:00 Creative Arts 3:00 Gaming 4:00 Board Games with Friends	**2** 12:00 Social Circle 1:00 Let's Get moving 2:00 Creative arts 3:00 Anxiety Mgt. 4:00 NAMI 5:30 Sisterhood of becoming 6:00 Karaoke with Friends 7:00 Mindfulness	**3** 12:00 Social Circle 2:00 Creative arts 3:00 Gaming 4:00 Depression Support 5:00 Creative Dry Clay 6:00 Guitar Class 6:30 Anxiety Mgt 7:00 Mindfulness	**4** 12:00 Social Circle 1:00 Brotherhood of Becoming 2:00 Rebels Steppers. 3:00 Level Up Learning 4:00 Starting Over At 50+ 5:00 All Recovery 6:00 Karaoke with Friends 7:00 Mindfulness	**5** 12:00 Jewelry Making 2:00 Journaling 3:00 Creative arts 4:00 Depression Support 5:00 Creative Arts 6:00 Guitar Class 7:00 Mindfulness	**6** 12:00 Social Circle 1:00 NAMI 2:00 Dominos w/ Friends 3:00 Crochet 4:00 BINGO 5:00 Wellness Support 6:00 Karaoke with Friends 7:00 Mindfulness	**7** 12:00 Social Circle 1:00 Level Up Learning 2:00 Schizophrenia Alliance 3:00 Gaming 4:00 Dominos with Friends
8 12:00 Social Circle 1:00 Emotional Wellness 2:00 Creative Arts 3:00 Gaming 4:00 Board Games with Friends	**9** 12:00 Social Circle 1:00 Let's Get moving 2:00 Creative arts 3:00 Anxiety Mgt. 4:00 NAMI 5:30 Sisterhood of becoming 6:00 Karaoke with Friends 7:00 Mindfulness	**10** 12:00 Social Circle 2:00 Creative arts 3:00 Gaming 4:00 Depression Support 5:00 Creative Dry Clay 6:00 Guitar Class 6:30 Anxiety Mgt 7:00 Mindfulness	**11** 12:00 Social Circle 1:00 Brotherhood of Becoming 2:00 Rebels Steppers. 3:00 Level Up Learning 4:00 Starting Over At 50+ 5:00 All Recovery 6:00 Karaoke with Friends 7:00 Mindfulness	**12** 12:00 Jewelry Making 2:00 Journaling 3:00 Creative arts 4:00 Depression Support 5:00 Creative Arts 6:00 Guitar Class 7:00 Mindfulness	**13** 12:00 Social Circle 1:00 NAMI 2:00 Dominos w/ Friends 3:00 Crochet 4:00 JEOPARDY 5:00 Wellness Support 6:00 Karaoke with Friends 7:00 Mindfulness	**14** 12:00 Social Circle 1:00 Level Up Learning 2:00 Schizophrenia Alliance 3:00 Gaming 4:00 Dominos with Friends
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